



# Changing Futures

in Brighton and Hove

A leaflet outlining how Changing Futures is working in Brighton & Hove with people experiencing Multiple Disadvantage

[www.changingfuturesussex.org.uk](http://www.changingfuturesussex.org.uk)

# Changing Futures

in Brighton and Hove



## Welcome!

I am Holly Croydon and I am the Operations Manager for the Changing Futures Multi-Disciplinary team working in Brighton and Hove. The team is based with Adult Social Care at Brighton and Hove City Council. We have a dedicated team of professionals who are delivering services to our clients with complex needs. Below you can find details of the team, the work we do and how we are developing our service delivery to meet the needs of our clients within the Changing Futures approach. Please do get in touch with me if I can help in any way using the contact form below.

Our team encompasses a diverse range of professionals working in a joined up way to meet the needs of our clients.

The Team is part of the Changing Futures Programme, a pan Sussex initiative focussing on those with multiple disadvantage. In the leaflet you can discover more about the programme and how we are delivering services in Brighton & Hove. Please do get in touch via the website if we can be of any help at all.

**Holly Croydon**

Changing Futures Operations Manager, Brighton & Hove

# Changing Futures

in Brighton and Hove



## Who We Are

The Changing Futures Programme is a £77 million joint initiative by the Department for Levelling Up, Housing and Communities (DLUHC) and The National Lottery Community Fund, the largest community funder in the UK.

The **Changing Futures Sussex** Programme aims to create an environment where individuals experiencing multiple disadvantage can receive flexible, trauma informed, person-centred support when they need it to make positive changes in their lives. We focus on meeting the needs of the most vulnerable people who repeatedly fall through the net, working alongside people with lived experience of multiple disadvantage, to achieve positive changes in services, to make them better connected, and easier to access.

## Definition of Multiple Disadvantage

Multiple disadvantage is defined by the national Changing Futures Programme as people who experience **three or more** of the following:



## Making an Impact at the Individual, Service & System Level:

**Individual** - People experiencing multiple disadvantage to receive flexible, trauma informed, person-centred support, leading to more periods of stability and more opportunities to make positive changes in their lives.

# Changing Futures

in Brighton and Hove



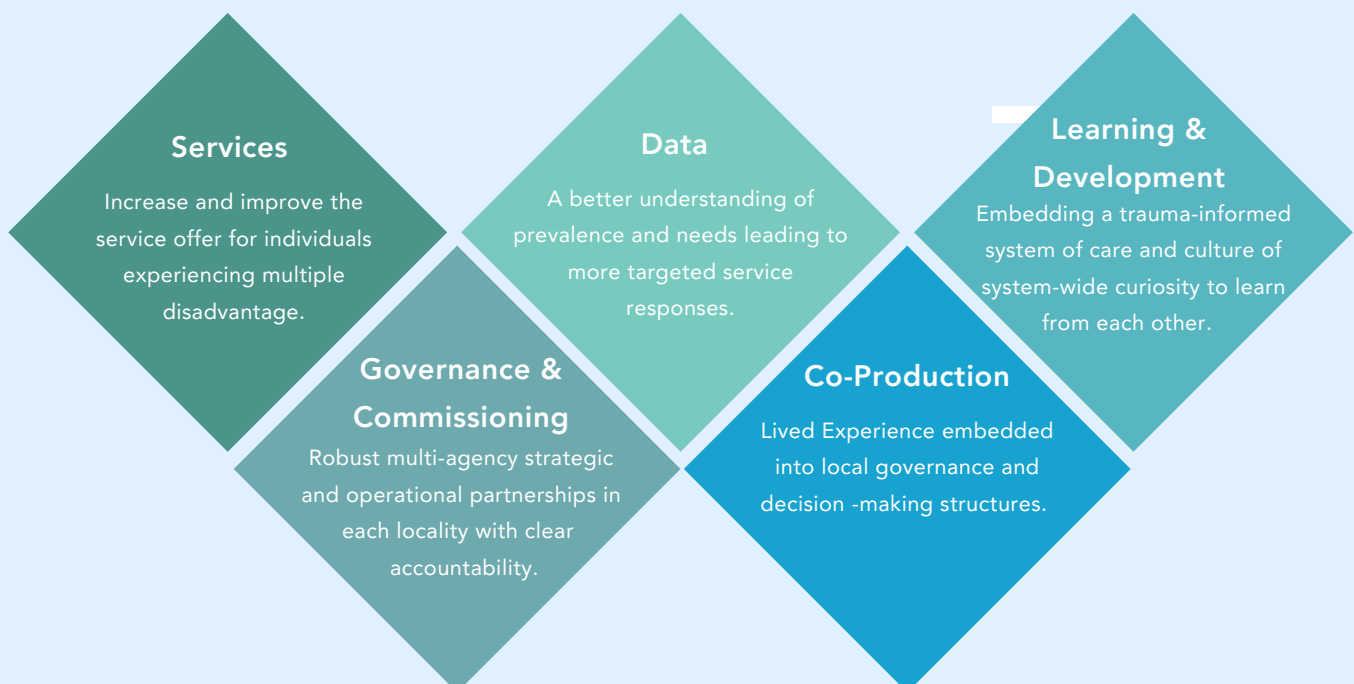
**Services** - Local services operate a 'no wrong door' and better coordinated support to stabilise and improve outcomes for local cohorts of adults experiencing multiple disadvantages therefore reducing demand on 'reactive' services.

**System** - Effective multi-agency partnerships, strong governance, data sharing agreements and better use of data shapes future commissioning. Common system goals agreed to improve responses for those experiencing multiple disadvantage and deliver better value for money and values-based accountability.

## Systems Change

We believe that **System Change** is a continuous, collaborative response to the changing needs of people that need and use services. It involves changes in the people, processes, organisations, beliefs and cultures that make up the system. It is important because without it, people die early of preventable deaths.

We are committed to creating meaningful systems change for people experiencing multiple disadvantage and our goals for systems change are grouped into five workstreams:



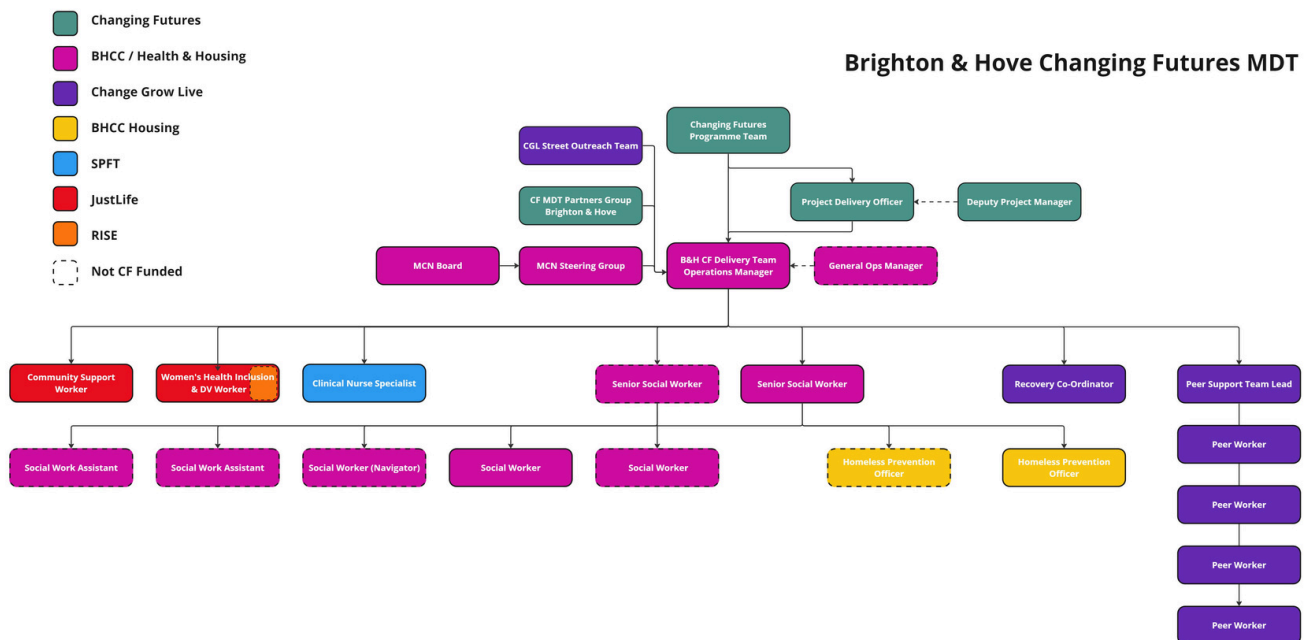
# Changing Futures

in Brighton and Hove



## How we Work in Brighton & Hove

Changing Futures provides support to people experiencing multiple disadvantage through a service delivery team based within Brighton & Hove City Council's Adult Social Care department.



This multi-disciplinary team consists of professionals with expertise in areas such as social work, substance misuse recovery, housing, nursing, women's health, and peer support hosted by our Partner organisations. The team work holistically and intensively with a small caseload of 8-10 clients offering a flexible, person-centred, trauma informed approach, building and nurturing relationships and putting clients at the centre of their own care and support.

# Changing Futures

in Brighton and Hove

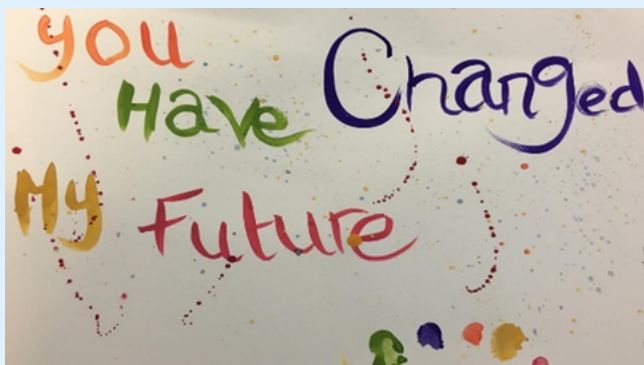


We are currently working on a Model of Practice for our work, drawing on the Lived experience of our Peer Support Workers, as well as linking in with Common Ambition, our partner organisation in Brighton and Hove that is working to put the voice of Lived Experience at the heart of service development and transformation.

The Changing Futures MDT is part of the Brighton & Hove Multiple Compound Needs Transformation Programme that draws on a wide range of services and system partners to develop the ways of working within the city with clients with complex needs.

You can see a video of some reflections from members of the team by visiting our You Tube channel via the social links below.

## Client Feedback



*'I know you guys are different and giving me time to talk about what's been going on with me over the years, I really appreciate that, instead of having new people all the time.'*

# Changing Futures

in Brighton and Hove



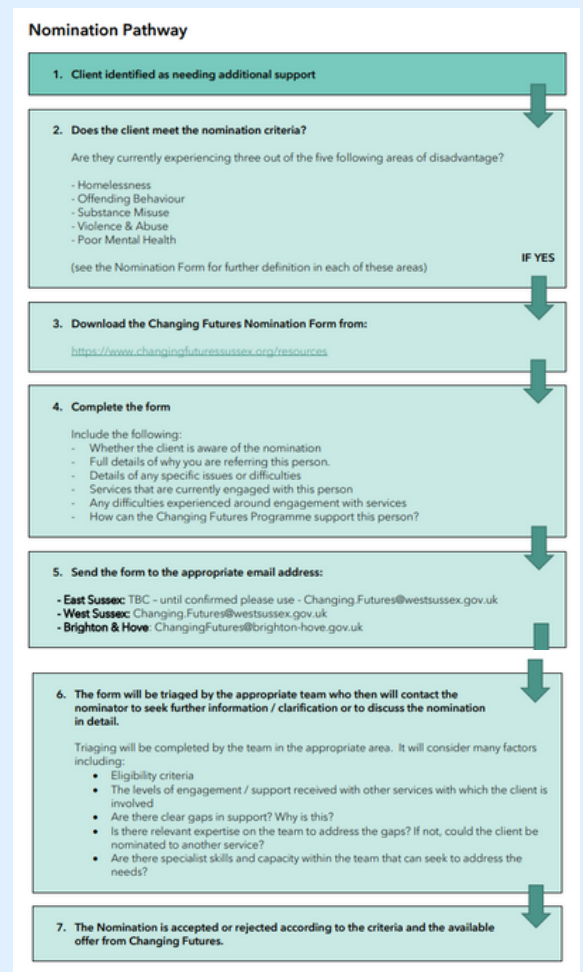
## The Nomination Process

Anyone can nominate (refer) a person into the Changing Futures Sussex Programme. If you think you have identified someone you think would benefit from our support, please download the [nomination form](#) our website and email this to [ChangingFutures@brighton-hove.gov.uk](mailto:ChangingFutures@brighton-hove.gov.uk)

On the form you'll find details of eligibility criteria and the address to send the form once completed. We have separate inboxes for East Sussex, Brighton & Hove and West Sussex.

Once the form has been received it will be triaged by our teams in the relevant area and someone from the team will be in touch to discuss the nomination further.

**If you have any questions about the nomination process, please do get in touch with us using the contact details below.**





For more information, please contact our Brighton & Hove  
Project Delivery Officer Martin Powell at  
[martin.powell@brighton-hove.gov.uk](mailto:martin.powell@brighton-hove.gov.uk)  
or visit our website using the QR code